

Cross Country Channel Listing

Digital Cable \$38.95/month

202 PBS Boston	392 The Shopping Ch HD	838 CFOX FM Vancouver	905 Stingray - Maximum Party
254 OMNI 1 HD	394 Vision HD	840 CKNW AM Vancouver	906 Stingray - Urban Beat
284 NBC Detroit HD	396 CPAC HD	841 CBC Radio Two FM Van	907 Stingray - Franco Retro
285 ABC Detroit HD	399 Daystar HD	843 CKLG FM Vancouver	908 Stingray - Jukebox Oldies
286 CBS East HD	405 Game TV HD	846 CHQM FM Vancouver	909 Stingray - Flashback 70's
287 FOX Rochester HD	415 Sportsnet One HD	848 CJJR FM Vancouver	910 Stingray - Remember the 80's
288 PBS Detroit HD	416 Sportsnet East HD	849 CHQT AM Edmonton	911 Stingray - Classic Rock
300 CBC Halifax HD	417 Sportsnet Ontario HD	850 CKNG FM Edmonton	912 Stingray - Rock
301 CBC Montreal HD	418 Sportsnet West HD	851 CFNR FM Prince Rupert	913 Stingray - Eclectic Electronic
302 CBC Toronto HD	419 Sportsnet Pacific HD	852 CFWE FM Lac La Biche	914 Stingray - Rock Alternative
308 CBC Vancouver HD	420 NFL Network HD	853 CIRK FM Edmonton	915 Stingray - Adult Alternative
310 NTV NFLD HD	427 TSN 1 HD	854 CISN FM Edmonton	916 Stingray - Blues Street
312 CTV Montreal HD	428 TSN 2 HD	855 CHED AM Edmonton	917 Stingray - Jammin'
313 CTV Toronto HD	429 TSN 3 HD	856 CKRW AM Whitehorse	918 Stingray - Folk Roots
320 NS Legislature	430 TSN 4 HD	857 CKRY FM Calgary	919 Stingray - Hit Country
322 PBS Boston	431 TSN 5 HD	858 CHQR AM Calgary	920 Stingray - Country Classics
323 The Weather Channel	457 OLN HD	859 CFGQ FM Calgary	921 Stingray - Franco Country
324 CBS Boston	500 CNN HD	860 CJKR FM Winnipeg	922 Stingray - Souvenirs
325 ABC Boston	505 Discovery Ch HD	861 CJOB AM Winnipeg	923 Stingray - Nostalgie
326 FOX Boston	542 YTV East HD	862 CING FM Toronto	924 Stingray - Franco Energie
327 NBC Boston	543 YTV West HD	863 CHFI FM Toronto	925 Stingray - Top Détente
329 Global Halifax HD	546 Treehouse HD	864 CILQ FM Toronto	926 Stingray - The Light
330 Global Montreal HD	559 EWTN	865 CFMJ Talk 640 AM (To)	927 Stingray - The Spa
331 Global Toronto HD	561 Food Network HD	866 CFNY FM Toronto	928 Stingray - Popular Classical
339 Global Edmonton HD	562 Slice HD	867 CHUM AM Toronto	929 Stingray - Chamber Music
340 CTV2 Atlantic HD	564 HGTV HD	868 CJCL AM Toronto	930 Stingray - Baroque
341 CTV Atlantic HD	567 W East HD	869 CJRT FM Toronto	931 Stingray - Master Works
344 City TV Toronto HD	568 W West HD	870 CBLA FM CBC Radio One (To)	932 Stingray - Around the World
345 CHCH Hamilton HD	580 Much Music HD	871 CBL FM CBC Radio Two(To)	933 Stingray - Smooth Jazz
350 APTN West HD	581 CTV Life HD	872 CHUM FM Toronto	934 Stingray - Jazz Now
355 YES TV HD	582 BET HD	879 CBHA FM CBC Radio One (Hfx)	935 Stingray - Jazz Masters
379 NBC Seattle HD	583 CMT HD	880 CBH FM CBC Radio Two (Hfx)	936 Stingray - Easy Listening
380 ABC Seattle HD	700 SRC Moncton HD	881 CIOO FM Halifax	937 Stingray - Swingin' Standards
381 CBS Seattle HD	825 AMI (Voice Print)	889 CHON	938 Stingray - Nature
382 FOX Seattle HD	826 CIUT FM Toronto	901 Stingray - Pop Adult	939 Stingray - Mousses Musique
383 PBS Seattle HD	836 CFPR Radio One (PR)	902 Stingray - Hit List	940 Stingray - Kid's Stuff
390 CBC Newsworld HD	837 CFMI FM Vancouver	903 Stingray - Dance Clubbin'	941 Stingray - Holiday
391 CTV News Channel HD		904 Stingray - The Chill Lounge	942 Stingray - Franco Fete

Phone: 902-678-2395 Option 1

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Super Pack

408 MAV TV HD
520 A&E HD
521 Showcase HD
524 DTOUR HD
529 Peach Tree TV HD
547 CTV Comedy E HD
651 WGN Chicago HD
652 WPIX New York HD
653 KTLA HD
654 WSBK Boston HD

Family Pack

506 History HD
516 History West HD
528 CTV SCI-FI HD
540 Family East HD
541 Family West HD
544 Teletoon East HD
545 Teletoon West HD
549 Game Show Network HD
560 TLC HD
609 AMC HD

Real Life Pack

507 OWN HD
512 Cottage Life HD
513 Documentary HD
565 DIY HD

Keep Informed Pack

501 BBC World News HD
503 FOX News HD
504 CNBC
508 BNN HD
511 MSNBC HD

Explore Pack

245 Hifi HD
246 Smithsonian Ch HD
247 BBC Earth HD
248 Love Nature HD

Entertainment Pack

527 E! HD
532 Dejaview HD
566 MTV Canada
570 H2 HD
590 MTV 2

Kids' Stuff Pack

550 Nickelodeon HD
551 Nat Geographic HD
552 Nat Geo Wild HD
553 Animal Planet HD
554 Discovery Science HD
535 Disney Channel

Your Life Pack

523 CTV Drama HD
571 Fashion
572 Travel HD
575 ONE HD
594 Book TV

More Movies Pack

533 Movietime HD
534 BBC Canada HD
595 Crime/Investigation HD
611 Adult Swim HD
615 Lifetime HD

Action Pack

404 Fight Network HD
458 Sportsman Canada HD
555 American Heroes HD
584 Paramount HD

Sports Pack

403 Sportsnet 360 HD
409 Golf Channel HD
463 NBA TV HD
464 ESPN Classic

Digital Theme Packs

1	\$6.95/month
3	\$12.95/month
6	\$19.95/month
8	\$25.95/month
10	\$31.95/month
11	\$34.95/month

SuperChannel

\$14.95

617 SC Fuse HD
618 SC Heart & Home HD
619 Super Vault HD
620 SC GINX HD

Starz

\$6.49

612 Starz 1 HD
613 Starz 2 HD

Crave & HBO

\$14.95

601 HBO Canada HD
602 Crave 1 East HD
603 Crave 2 HD
604 Crave 3 HD
605 Crave 1 West HD

French 1

\$7.95

763 La Chaine Disney HD
765 Teletoon French -HD
773 MAX HD
781 Elle Fictions HD

French 2

\$7.95

729 TFO HD
737 TV5 HD
769 Canal Vie HD
774 Historia HD
774 Canal D HD

French 3

\$7.95

703 V Montreal HD
764 VRAK HD
771 Series + HD
777 ICI ARTV HD

French 4

\$13.95

751 RDS HD
752 RDS2 HD

Pick 'N Pay

245	Hifi HD	\$2.49
246	Smithsonian Ch HD	\$2.49
247	BBC Earth HD	\$2.49
248	Love Nature HD	\$2.49
279	Discovery Velocity HD	\$3.95
385	Rural Channel	\$2.49
404	Fight Network HD	\$2.49
407	WWE Network HD	\$14.95
439	Sportsnet World HD	\$15.95
456	Wild TV	\$2.49
463	NBA TV HD	\$1.99
532	Dejaview HD	\$1.99
533	Movietime HD	\$1.99
551	Nat Geographic HD	\$2.49
553	Animal Planet HD	\$1.99
569	Cooking Channel HD	\$2.49
595	Crime/Investigation HD	\$2.49
780	Playboy HD	\$15.95

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